



REMOTE Stop Smoking Support Service

Most smokers want to stop. We can help:

- Build your confidence in quitting
- Break your smoking habits
- Manage your cravings with FREE patches, gum etc.
- FREE & confidential service

Make March your month to Quit

Facebook support group: www.facebook.com/groups/stopsmokingsupportNI
Voicemail Service: 028 9068 0785

If you would like more information about
Stop Smoking Support Services please contact:

Cancer Focus Northern Ireland
T: 028 9066 3281
E: behealthy@cancerfocusni.org
or visit
www.cancerfocusni.org
www.stopsmokingni.info



Celebrating over 50 years

